

**“THERAPEUTIC CASTING” :  
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**Abstract**

Therapeutic Casting is one of the processes of casting (i.e. the selection and determination of the actors/actresses for a theatrical performance, whose genuine characters are in contradiction with the characters to be assumed in the performance). The other types of casting include the casting by ability (i.e. one based on the skill and intelligence of the actors/actresses), the antitype/educational casting (i.e. one in contradiction with the generality of human characters), and the casting to emotional temperament (i.e. one based on similarity of emotion).

Therapeutic Casting is very rarely applied by the nowadays directors because it is regarded as a losing project, let alone when it is connected to theatrical professionalism, namely theatre as business. However, this model of casting is of great significance from the humanity aspect because it serves as a media for healing the actor/actresses from their mental instability or mental shock due to certain causes.